

## Hand grip dynamometer KERN

Dynamometer especially suitable for use in rehabilitation centres for determining manual clamping force.

There are four measuring methods, which, as part of a rehabilitation program, help the medical staff to monitor the fitness of the patient's hands and carry out controlled training:

- Real time mode: immediately shows the client's current strength
- Peak/Max mode: shows the maximum strength of a client's grip
- Average mode: Calculates the average strength from two grips
- Counting mode: Counts the number of presses which exceed a previously defined strength limit

Designed to reveal reduced hand strength and the risk of morbidity which results from this, for aging people or to expose malnutrition, for example, during chemotherapy or similar treatments.

As part of a rehabilitation program, this permits medical staff to monitor the fitness of the patient's hands and carry out controlled training.

Safe, comfortable use thanks to non-slip rubber grips.  
Integrated AUTO-OFF function after 1 minute to preserve the batteries

Weight displayed in kg or lb



## Tape for measuring circumference KERN

Convenient tape for measuring circumference with practical pull-out mechanism. Continuous pull-out tape measure for precise measurement around the body.

Ideal to determine the WHR (Waist-to-Hip-Ratio), which can give information about the distribution of the body's fat deposits using an indirect determination of abdominal fat. Useful diagnosis instrument.

The easiest handling:

- Pull out the tape measure
- Hang it in the recess provided for this
- Operate the feed mechanism
- Read measurement value with millimetre precision

Tape measure length: 2050 mm

Sell in sets of 5



Item	Art no
Hand grip Dynamometer KERN	MAP
Tape for measuring circumference KERN, 5-p	MSW 200